

# TALKING MOVIES

*Movie Discussion Groups  
for Senior Living  
Communities*

# TALKING BRINGS MOVIES ALIVE.

*Stories connect our experiences, they tell others who we are ...*

Movies can be much more than simply entertainment. Talking about movies is the first step to relating it to our own stories, our own lives. That's when the story comes alive on several levels.

*Talking Movies* group discussions open up residents to new experiences and a different way of seeing movies ... and the world.

## MOVIES USE YOUR WHOLE BRAIN.

When you listen to a story, your brain activates any area that you would use when experiencing the events you're hearing about. If you hear a story about running, your motor cortex lights up.

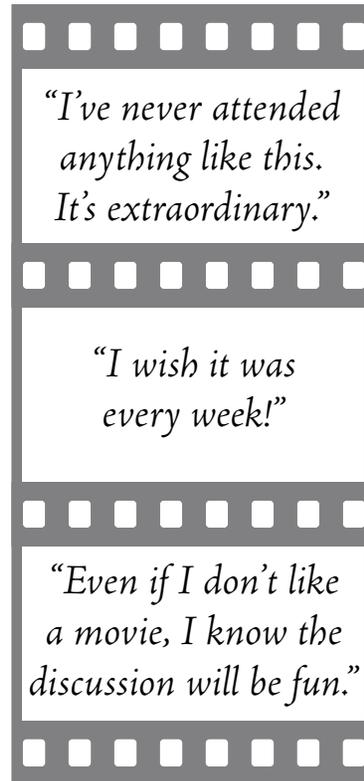
When you watch a movie you're also following contextual clues, sharing experiences, empathizing, and visualizing potential outcomes. When you tell someone about the story afterward, you become the story teller. In short, you're doing the thing that makes us feel most alive — sharing a story.

## STORIES ENRICH THE WHOLE PERSON.

Research shows that people are "hard wired" to respond to stories. We think in narratives all day long and tell ourselves short stories about every action and conversation.

Stories are how we make sense of the world and of our lives. Stories inspire

new glimpses of future possibilities. Most of all, stories build community and connection. When we share our experiences with others, we're sharing ourselves.



*Participant comments.*

## HOW DOES IT WORK?

Twice a month, we select a movie for your residents to view. We use mix of old and new films, tailoring selections to your community, and incorporating residents' suggestions.

We create posters and fliers to help you publicize the viewing. You show the film in the venue best suited to your community.

The next day we lead a lively group discussion where everyone is encouraged to participate. We bring lots of movie trivia, background story details, and point out big themes.

We're passionate about relating movies to life itself. This encourages the group to think about how movies relate to their own experiences. The result? People share their insights and stories and connect with the group.

## PARTICIPANTS GAIN RICHER LIVES.

A love of movies brings people into a fresh, stimulating group. New friendships and new interests are formed. Pondering the movies before the discussion involves people in deeper thought than many other activities. *Talking Movies* cultivates richer lives.

## FIND OUT MORE.

We've been *Talking Movies* for over two years in Dallas. We can't wait to start *Talking Movies* in your senior community. Call or email today!

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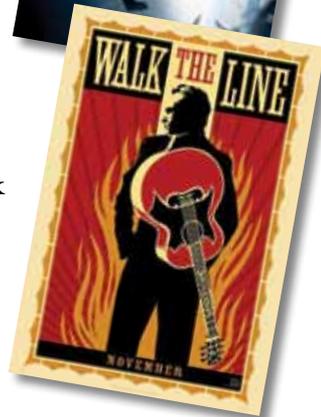
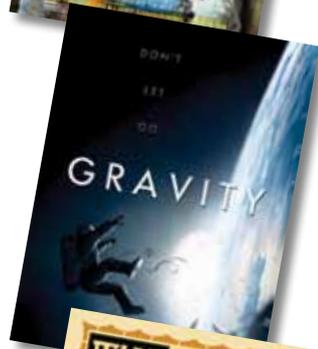
Julie Davis • 214-696-1553 • julie@talking-movies.net • talking-movies.net



# KEEPING IT FRESH

*The newest releases, nominated films in awards season, new looks at old favorites, and imaginative pairings.*

- ✦ Lars and the Real Girl
- ✦ Bernie
- ✦ The Descendants
- ✦ The Informant
- ✦ Moneyball
- ✦ Up in the Air
- ✦ Mud
- ✦ The Social Network
- ✦ Captain Philips (*Oscar series*)
- ✦ Blue Jasmine (*Oscar series*)
- ✦ Secondhand Lions
- ✦ Double Indemnity
- ✦ Gran Torino
- ✦ Stranger Than Fiction
- ✦ Best Exotic Marigold Hotel
- ✦ I Confess / Philomena  
*(Then and Now Views of Religion)*
- ✦ American Sniper / Sergeant York  
*(Then and Now Patriots)*
- ✦ My Cousin Vinny
- ✦ Gone Baby Gone
- ✦ Margin Call



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